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BBC Learning English · 7:17

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Hi Georgie. How are you? I'm very well, thank you, Neil. I've just spent the weekend in the countryside, so I'm feeling very relaxed. I had a lot of fresh air. How are you doing? I'm OK. I'm a bit jealous because the countryside is a fantastic place to relax, and that's what we're talking about in this episode of Real Easy English. But people need to know, they can get a worksheet and a transcript from our website, bbclearningenglish.com. So, we have talked about the countryside on this podcast in Real Easy English before, but we've had some people commenting asking, What actually is the countryside?

> 「嗨，Georgie，你好嗎？」「我很好，謝謝你，Neil。我剛在鄉郊過了一個週末，所以現在覺得很放鬆，呼吸了很多新鮮空氣。你呢？」「我還可以。我有一點羨慕，因為鄉郊是放鬆的好地方，而這正是這一集 Real Easy English 要談的話題。不過要先讓大家知道，他們可以在我們的網站 bbclearningenglish.com 拿到工作紙和逐字稿。我們之前在 Real Easy English 這個 podcast 談過鄉郊，但有聽眾留言問：鄉郊到底是什麼？

(adj.) **jealous**
羨慕的、嫉妒的

(adj.) **relaxed**
放鬆的

(adj.) **fantastic**
極好的、了不起的

(n.) **worksheet**
工作紙

(n.) **transcript**
逐字稿

(n.) **episode**
（節目）一集

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So, Neil, maybe you can help us out. Well, that's a good question actually, because the countryside is the green area outside of the city, with hills and grass and fields, but we also talk about villages and small towns outside of the city as the countryside. So, you said, My parents live in the countryside. It doesn't mean they live in a field! No, they live in a small town. But they can... Yeah, you can say, I live in the countryside, if you live in a small town. Neil, what do you like about the British countryside? Well, the countryside, like you said, is very relaxing.

> 「那麼，Neil，或者你可以幫我們解釋一下。」「這其實是個好問題，因為鄉郊就是城市以外、有山丘、草地和農田的綠色地帶，不過我們也會把城市以外的村落和小鎮叫做鄉郊。所以你說『我父母住在鄉郊』，並不是說他們住在田裡！」「不是，他們住在一個小鎮。不過他們也可以……」「對，即使你住在小鎮，你也可以說自己住在鄉郊。Neil，你喜歡英國鄉郊的什麼？」「就像你說的，鄉郊很讓人放鬆。

(n.) **hills**
小山丘

(n.) **fields**
農田、田野

(n.) **villages**
村落

(adv.) **actually**
其實、實際上

▶ 00:01:30 103 words 3 / 10

It's not busy. And there's fresh air, and you can walk in hills, fields, with great views very easily. What I really like about the British countryside in particular is that it's very green and lush. That's because we get a lot of rain. But I also really like being close to the wildlife as well. I once came very close to a baby badger, which is an animal that you can find in the... well, it's actually not very easy to find in the UK. It's black and white, and I saw it during Covid and it came very close to us.

> 那裡不擁擠，有新鮮空氣，你很容易就可以在山丘和田野之間散步，風景很好。我特別喜歡英國鄉郊的一點，是它非常翠綠茂盛，因為我們下雨很多。不過我也很喜歡接近野生動物。有一次我非常靠近一隻小獾，那是一種……其實在英國不太容易見到的動物。牠是黑白色的，我在 Covid 期間見過一隻，牠走到離我們很近的地方。

(adj.) **lush**
茂盛翠綠的

(n.) **wildlife**
野生動物

(n.) **badger**
獾

(n.) **views**
景色、視野

(n.) **fresh air**
新鮮空氣

▶ 00:02:15 105 words 4 / 10

Now, you also like leaves, don't you? Yes. I have a little booklet, which has pictures of leaves so that I can identify different trees, so I can... Sometimes I go for a walk and I put the pictures up next to the trees, and I can identify which ones I'm seeing. And I've learnt a lot, actually. Wow! I must come on a walk with you in the countryside. You must. It does slow you down a bit, but we don't need to have a fast pace when we're in the countryside. Now, Georgie, what is it about the countryside that you don't like?

> 「對了，你也喜歡樹葉，是嗎？」「是的。我有一本小冊子，裡面有樹葉的圖片，讓我辨認不同的樹。所以我可以……有時我去散步，就把圖片放在樹旁邊對照，辨認自己看到的是哪一種。其實我從中學到很多。」「哇！我一定要跟你去鄉郊走一趟。」「你應該來。這樣會讓你走得慢一點，不過我們在鄉郊根本不需要走得快。Georgie，那鄉郊有什麼是你不喜歡的？」

(n.) **booklet**
小冊子

(v.) **identify**
辨認、識別

(n.) **pace**
步速、節奏

(n.) **leaves**
樹葉

▶ 00:02:59 109 words 5 / 10

Well, the reason I like the countryside is because it's green, because we get lots of rain. But the downside of all the rain is that sometimes the countryside can be very muddy. So, this means that the ground is very wet and sludgy, and it can make your shoes very dirty, so that's not very fun. What about you? Well, when I was a teenager, I lived in the countryside, and I think it's kind of boring. If you start liking music and you want to go to concerts and do things which are usually in the city, then living in the countryside can be a bit dull.

> 「我喜歡鄉郊的原因是它很綠，因為我們雨多。但這麼多雨的壞處，就是有時鄉郊會很泥濘。也就是說地面很濕、很黏，會把你的鞋子弄得很髒，那就不太好受了。你呢？」「我十幾歲的時候住在鄉郊，我覺得有點悶。當你開始喜歡音樂、想去演唱會、想做那些通常在城市裡做的事，住在鄉郊就有點無聊了。」

(n.) **downside**
缺點、壞處

(adj.) **muddy**
泥濘的

(adj.) **sludgy**
黏糊糊的、泥漿狀的

(adj.) **dull**
沉悶的、無聊的

(n.) **teenager**
青少年

▶ 00:03:44 105 words 6 / 10

Yes, particularly if you live in a place that's very remote. So, a remote place is somewhere that's far away from towns and cities. It can be very difficult to find things to do, or exciting things to do. Yeah, it's difficult to get around as well unless you drive, so again... unless when you're a teenager, you have parents who want to drive you around everywhere. That's very true actually. When I turned 17, which is the age that you can start driving in the UK, my parents pushed me to take lessons immediately because they were very tired of driving me around everywhere.

> 「對，尤其如果你住的地方很偏遠。偏遠的地方就是離城鎮很遠的地方。在那裡很難找到事情做，或者很難找到有趣的事做。」「對，除非你開車，否則出入也很不方便，所以……除非你十幾歲時有父母願意載你到處去。」「這倒是真的。我 17 歲那年——在英國那是可以開始考車的年紀——我父母馬上催我去上駕駛課，因為他們已經很厭倦載我到處跑了。」

(adj.) **remote**
偏遠的

(adv.) **particularly**
尤其是、特別是

(phr.) **get around**
往來、出入

(adv.) **immediately**
立刻、馬上

(v.) **pushed**
催促、推動

▶ 00:04:27 122 words 7 / 10

Mmm. Now, Neil, I know that you have recently been on a little trip, haven't you? You went to the Lake District in the north of England. I did, and it's fantastically beautiful. There are mountains and lakes and it's very lush green because of all the rain. Yeah. And you can go hiking and you can see fantastic scenery. Mmm. It's a great place. Would you say it's your favourite countryside area in the UK? Yeah, probably. I mean, parts of Scotland are really spectacular, with even bigger mountains, but in England the Lake District is fantastic. And in Wales I recently went to the Pembrokeshire coast – that's in the west of Wales – and there's just stunning scenery there.

> 「嗯。Neil，我知道你最近去了一個小旅行，是嗎？你去了英格蘭北部的湖區。」「去了，那裡美得不得了。有山有湖，因為雨多，所以綠得非常茂盛。」「對，你還可以去行山，看到很美的風景。」「嗯，那是個好地方。」「你會說那是你在英國最喜歡的鄉郊地區嗎？」「大概是吧。我是說，蘇格蘭有些地方真的很壯觀，山更大，但在英格蘭，湖區是最棒的。而在威爾斯，我最近去了 Pembrokeshire 海岸——那在威爾斯西部——那裡的風景美得驚人。」

(n.) **scenery**
風景、景色

(adj.) **spectacular**
壯觀的

(adj.) **stunning**
美得驚人的

(n.) **hiking**
遠足、行山

(n.) **coast**
海岸

▶ 00:05:23 102 words 8 / 10

Beaches, coastal walks. Fantastic. Yes, I saw the photos of that trip. It looked amazing. My favourite countryside area is probably Cornwall and Devon – southwest of England. Once you start driving down there, the roads are very small. There's no... there's not a lot of busy traffic. It can be quite stressful, though, because the roads are one way, and on either side of the road you have these big hedges, so you can't really see around the corners... and if a car is coming towards you, it's not good! No, it's a nightmare. You might have to reverse for ages.

> 「有海灘，有沿海步道。太棒了。」「對，我看過那次旅行的照片，看起來很漂亮。」「我最喜歡的鄉郊地區大概是 Cornwall 和 Devon——在英格蘭西南部。你一開始往那邊開，路就很窄。那裡沒有……車流不多。不過可以很有壓力，因為那些路是單程的，而路兩旁都是高大的樹籬，你根本看不到彎角後面的情況……如果有車迎面而來，那就不妙了！」「不會吧，那簡直是噩夢。你可能要倒車倒很久。」

(adj.) **coastal**
沿海的

(adj.) **stressful**
令人有壓力的

(n.) **hedges**
樹籬

(v.) **reverse**
倒車、倒退

(n.) **nightmare**
噩夢、極糟的情況

▶ 00:06:05 107 words 9 / 10

Yeah! I really hate that! Time now, then, to recap the vocabulary that we used in this episode, starting with 'countryside'. Now, the countryside is the area outside of the cities, where not many people live, and there's lots of nature and wildlife. Yes, and 'wildlife' is animals which live in natural environments – for example, badgers and birds. We also heard the adjective 'lush', which describes a green area full of healthy plants and trees. We also heard the adjective 'remote', which describes a place that's far away from towns and cities. We also heard 'scenery', and scenery is what you can see in a place.

> 「對！我真的很討厭那樣！」「那麼，現在是時候重溫一下這一集用過的詞彙，由 'countryside' 開始。鄉郊就是城市以外、人口不多、有很多自然和野生動物的地方。」「對，'wildlife' 就是生活在自然環境裡的動物，例如獾和鳥。我們也聽過形容詞 'lush'，用來形容一個長滿健康植物和樹木的綠色地方。我們也聽過形容詞 'remote'，用來形容離城鎮很遠的地方。我們還聽過 'scenery'，scenery 就是你在一個地方看到的景色。」

(v.) **recap**
重溫、總結

(n.) **adjective**
形容詞

(n.) **environments**
環境

(n.) **nature**
自然、大自然

▶ 00:06:54 55 words 10 / 10

And in the countryside, the scenery is often beautiful. OK. Well, that is it for this episode of Real Easy English, but don't forget to sign up to our email newsletter. You can get weekly tips and updates from your favourite presenters. We'll be back next week with another episode, but bye for now! Goodbye.

> 「而在鄉郊，景色通常都很美。」「好的，這一集 Real Easy English 就到這裡，但別忘了訂閱我們的電子報。你可以每週收到你最喜歡的主持人的貼士和最新消息。我們下週會再來一集，先說再見！再見。」

(n.) **newsletter**
電子報

(n.) **presenters**
主持人

(adj.) **weekly**
每週的

(phr.) **sign up**
訂閱、登記